

NATIONAL AUTOMATIC SPRINKLER INDUSTRY WELFARE FUND • PENSION FUND

8000 CORPORATE DRIVE • LANDOVER, MD 20785

TELEPHONE (301) 577-1700

WELFARE FUND TRUSTEES

ROBERT J. COOPER, JR, Chairman PETER GIBBONS KEVIN BELLEW KRISTOPHER D. WINGET CARL J. WESTBY TRINIDAD J. URIBE, III, Alternate LANCE GUNNELLS, Secretary ROB VINCENT MARTIN CORCORAN STEVE ULMER SHANE RAY JOSHUA SAVITZ, Alternate ROBERT J. COOPER, JR, Chairman WAYNE MILLER TODD W. GOLDEN KRISTOPHER D. WINGET CARL J. WESTBY JEFF DIXON, Alternate

PENSION FUND TRUSTEES

TOLL FREE (800) 638-2603

ANNA E. BOSMANS, Administrator

Dear Participant:

The NASI Fund Office has partnered with UA Local 821, UA Local 295 and Health Gauge to provide a healthcare screening at NO COST TO YOU.

Who is eligible to participate?

LANCE GUNNELLS, Secretary

ROB VINCENT

SHANE RAY

MARTIN CORCORAN STEVE ULMER

JOSHUA SAVITZ, Alternate

All eligible NASI Welfare Fund Participants, eligible spouses, and dependents 18+, and eligible NASI Welfare Fund retirees and beneficiaries (both pre-Medicare and Medicare)

Date & Location

Saturday, May 10 th , 2025	10:00 AM – 3:00 PM	Astronaut Memorial Foundation Center for Space Education	State Rd 405, Building M6-306 Kennedy Space Center, FL 32899
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How do I participate?

Step 1: Call 515-244-3080 to schedule your health screening appointment.

Or schedule online at http://UA295.hgscreenings.com/

Step 2: Attend your onsite health screening at the scheduled time.

IMPORTANT: Fasting is OPTIONAL - NOT required.

Step 3: Ultrasound Results will be provided the day of the event.

Bloodwork and Biometric Reporting will be available within 10-14 business days

What should I expect the day of the screening?

Screenings will be completed in under an hour. When you arrive at the screening, you will be greeted by a Health Gauge staff member. The staff member will check you in. The confidential health screening will include biometrics, such as height, weight, waist and hip measurements, resting pulse, and blood pressure. Non-invasive ultrasound screenings will be performed to identify blockages in the neck, abdomen, and legs. These blockages can lead to stroke and various cardiovascular conditions that can be life threatening and debilitating if left undetected and untreated. Additionally, a comprehensive blood draw will be completed.

These tests are not meant to replace your Primary Care Physician, but are meant to improve communication with your Physician at your next appointment.

The Fund Office sincerely hopes the program will provide convenient access that will allow you to take advantage of this benefit.

Please refer to the attached informational flyer to obtain more details or simply contact Health Gauge at (515) 244-3080 for additional information.

UA LOCAL 821 HEALTH CARE PLAN HOSTS SCREENING TO DETECT YOUR RISK FOR STROKE AT NO COST!!

PLAN PARTICIPANTS, SPOUSES, & RETIREES screen for FREE!! (including all eligible NASI Welfare Fund retirees and beneficiaries (both pre-Medicare and Medicare)

Astronaut Memorial Foundation
Center for Space Education
State Road 405, Building M6-306
Kennedy Space Center, FL 32899
Saturday, May 10th, 10:00 AM to 3:00 PM

Christopher Neels - NASI 692 Member

"I am a 39-year-old member and I have been blessed with perfect health. I never go to the doctor, I felt perfect. It took my coworkers strong encouragement to make me come to the screenings. My screening was going perfect. There was no wait. I literally walked in, finished my paperwork, had my blood drawn and was at my last station for the ultrasound testing. The technician sat me up and asked if I was feeling okay? He stated that my heart rhythms were irregular and extremely fast. "It looks like atrial fibrillation." He gave me the pictures he took and told me to go to my doctor immediately. I saw my doctor and was eventually sent to the ER and had to have the cardioversion. It was a success and my heart is back in normal rhythm. I had no idea that I was a literal ticking time bomb. These screenings were so quick, convenient, and comprehensive. Please do not miss your opportunity when these screenings are offered at your local. It may save your life, it saved mine!"



In conjunction with UA Local 295 Health Fair

To make an appointment (required): Call 515-244-3080 or visit:

https://UA295.hgscreenings.com/

See reverse for a description of the screenings offered!





BLOOD DRAW





BIOMETRICS



COMPREHENSIVE HEALTH ASSESSMENT



FASTING IS OPTIONAL, NOT REQUIRED!

CARDIOGAUGE

Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease

Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, that can rupture and be fatal.

BIOGAUGE

Height/Weight
Hip/Waist Circumference
Body Mass Index (BMI)
Blood Pressure/ Pulse
Lipid Panel with Glucose
Full Chemistry Panel
Hemoglobin A1c
Prostate Specific Antigen (PSA) Men
Thyroid Stimulating Hormone (TSH) Women



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